

How to Find the Mars Phase You were Born into

Step 0 – Determine Your Mars Sign

Step 1 — Determine Your Mars Overtone – Refer to *"How to Determine Your Mars Overtone"* Reference

Step 2 — Find out whether you were born when Mars was in the **Evening Sky** or **Morning Sky** or within 15 degrees of the Sun.

If you don't know this, refer to a handout with graphics called **"Determining the Mars Phase You Were Born Into – with Graphics"**

Step 3 - Was Mars Retrograde at the time of your birth? If your natal Mars has an **"Rx"** next to the Mars sign and degrees on your astrology chart, then Mars is Retrograde.

Step 4 – *Calculate the Degrees of Separation between the Sun and Mars*. After determining where Mars is in relation to the Sun:

EVENING MARS, MORNING MARS and UNDERWORLD MARS in the Phases of the Mars Synodic Cycle

EVENING SKY MARS

Step 5A – If an **evening sky** Mars and not retrograde, determine whether your natal Mars is beyond the point of the original Acronychal Rise sign and degree

If your natal Mars was beyond the point of the original Acronychal Rise sign and degree, but BEFORE Mars got within 15 degrees of the Sun, then you were born in **Phase 2.**

If Mars was retrograde at the time of your birth AND Past the Mars-Sun Opposition (Acronychal Rise), then you were born in **Phase 1.**

If Mars was at a degree BEFORE returning to the point of the original Acronychal Rise and also Direct (not retrograde), then you were born in **Phase 1**



MORNING SKY MARS

Step 5B – If a morning sky Mars and not retrograde, reference your Mars sign.

If you were born AFTER Mars entered the morning sky and moved beyond 15 degrees of the Sun, but BEFORE Mars entered back into the sign of the cycle Overtone, then you were born in **Phase 4.**

If your Mars sign is the same at your Overtone OR in between the Overtone of your birth and the sign of the next Overtone, you were born in **Phase 5**.

If you were born with a Mars sign (in the morning sky) that is the same as the NEXT overtone, then you were born in **Phase Zero**

UNDERWORLD MARS / PHASE 3

If you were born when Mars was within 15° of the Sun, then you have an Underworld Mars, which is called Phase 3.