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About Saturn Middle World	Saturn Complexes add Capricorn	Saturn Gifts/Counseling	Saturn Transits
<p>The Furthest Visible Planet Marking The Visible Boundaries Of The Universe</p> <p>Law Of Cause And Effect The Rules And Experience Of Time</p> <p>The Stages Of Life (Growth Or Maturation Process) The 4 Ashramas: Student 0-29 Householder 29-59 Pilgrim Seeker 59-88 Renunciate 88 To Death</p> <p>In Charge Of Third Dimensional Reality, The Structure Of Reality – The Content Changes Over Time</p> <p>What Works And Doesn't Work To Support Stage Of Life We Are Going Through</p> <p>Operating Manual – Different Cultures Have Different Operating Manuals (Example Kogi Tribe)</p> <p>Related To The Psychological Concept Of Super Ego As The Inner Judge Or Critic – Not Good Enough Or Perfection Will Get You A Reward.</p> <p>Saturn Teaches Us How To Grow, Change, And Evolve Through Limitations And Boundaries. Necessity Of Life</p> <p>The Essence Of Saturn Is Not About Punishment Though It Can Feel Very Unfair</p>	<p>Dynamic Aspects (Conjunctions, Squares, Oppositions) Are Up To 15 Degrees Beyond 10 Degrees Use Intuition</p> <p>Scapegoat – Feeling Not Good Enough And Overly Responsible. Inner Critic Or Judge</p> <p>Drive To Prove Self And Be Successful According To External Standard</p> <p>Perfectionist – Mistaken Belief Success By Cultural Standard Is Key To Happiness</p> <p>Can Feel Crushed By Saturn's Limitations – Giving Up - Not Trying</p> <p>Inner Voice Sounds Like Broken Record... You Are Not Good Enough</p> <p>Rolling The Stone Up The Hill Over And Over – Must Change The Game To Get New Result</p> <p>Mistaken Belief We Are Okay Based On How Many Good Things Happen To Us</p> <p>Structured, Grounded, Disciplined. Get Real</p> <p>Trying To Control Objective Reality – Getting To Know That The Super Ego (Collective) Belief Systems Are A Foreign Installation</p> <p>Learning To Appreciate The Path And The Work/Accomplishment Is An End In Itself</p> <p>Teaches Being Authority Or Author Of Our Life</p> <p>Learning To Let Go Of How We Think It Should Be – Some Things Aren't Intended To Work</p> <p>Learn To Choose Self-Love And What Brings Joy Vs. Pleasing External Authority</p> <p>Learning To Let Go Of Need To Be Perfect</p>	<p>Saturn Knows How To Create Structures Masterpieces, As In Art, Communities, Business, Schools</p> <p>Skill To Effectively Manage, Administrate, Build, Teach, Focus</p> <p>Wise Elder – Authority</p> <p>The Key Is Not Being Attached To The Results</p> <p>Comprehensive Sobriety</p> <p>Do What You Love Not What You Think You Are SUPPOSE To Do</p> <p>Learn To Work With The Voices Of Judgment Including Harsh Self Judgment And Criticism Of Self And Others.</p> <p>Learn Self-Forgiveness And Self-Love</p> <p>Make Different Choices Based On What Truly Supports Your Path In This Life (Clues From Script)</p> <p>Learn To Value Yourself For Who You Are And Not Just What You Do Or Think You Should Do!</p> <p>Key To Liberation Through Exposing Hoaxes Of Perfection, Karma</p>	<p>Saturn Cycle Is About Nine Months And Timeline Cycles Occur About Every 7 Years</p> <p>Is About Growing And Changing To Match Level Of Biological And Psychological Maturity</p> <p>Pressure To Grow, Change, Mature, Manifest, Achieve, Bring Something Into Form (Get A Job, Take Responsibility For Your Dharma)</p> <p>Can Feel Like A Project That Determines Your Standing In The World I.E. Pressure To Perform, Do The Research, Create The Presentation, Make The Grade And The Due Date Is Looming</p> <p>Redefinition Of Self With Objective Feedback. If Doors Don't Open It Is Not Yours To Do.</p> <p>Resume Points – Marriage, Divorce, Move, Change Jobs, Lifestyle Changes</p> <p>When Snake Is Shedding Skin It Is Irritable And Uncomfortable, The Fear That You Are Finished. Depression Can Be Result</p> <p>Feeling Forced To Take Productive Action That Changes The Game</p> <p>Knowing Where Voices Of Judgment Come From Either Lineage/Early Life Or The Actual Intentions Of Our Current Life Purpose.</p> <p>Time To Get Clear, Work Effectively To Get Practical Results – Commit To Growth</p> <p>Informed Focused Attention On A Goal Pays Off When It Is In Alignment With Our Soul's Intent And Supports Who We Are Growing Into. Objective Measurable Feedback</p> <p>Time To Create A Clear Mission And Purpose Statement</p>

About Jupiter Middle World	Jupiter Complexes Add Sagittarius	Jupiter Gifts/Counseling	Jupiter Transits
<p>Jupiter Teaches About Growth Evolution And Change Through Expansion In The World Of Form</p> <p>When All Things Seem Possible</p> <p>Jupiter Activates, Amplifies And Expands What It Touches Usually Through Optimism, Faith, Renewal, Good Fortune</p> <p>Progressive Jupiter Represents Our Fastest Path To Attaining Our Current Life Goals</p> <p>The Current Life Yoga – Or Activities That Will Fulfill The Soul’s Intent Most Quickly. Enthusiasm For The Journey. Joy Of Life</p> <p>The Quest Itself. The Adventure, To Go Down Road Never Gone Down Before</p> <p>Can Feel Like Too Much. Caution About Engaging Reckless Over Doing, Taking On Too Much</p> <p>Jupiter Return Cycles Occur About Every 12 Years At Ages</p> <p>11-12, 23-24, 35-36, 47-48, 59-60, 71-72, 83-84</p> <p>Jupiter Transits Last About One Year Or As Long As Jupiter Is In The Sign Of The Transit</p> <p>Age 59-60 Jupiter Return Happens With Saturn. Ancients Thought This Was Extraordinarily Important</p>	<p>Primarily Looking At The Conjunctions Of Planets Or Angles With Jupiter</p> <p>Jupiter Turbo Charges Or Expands The Planet Or Angle It Is With.</p> <p>Jupiter Conjunct Angles, Nodes Or Planets, Is Like An Exclamation Point That Makes It Bigger, More Expansive</p> <p>Expands Self-Confidence And Well- Being When We Are Encountering The Progressive Side Of Jupiter.</p> <p>Expands Feelings Of Fear Such As, Ill-Health, Depression, Feeling Stuck</p> <p>Watch Overdoing, Over Eating, Over Confidence Or Taking On More Than You Can Truly Handle</p> <p>Saturn And Jupiter Together Natally By Conjunction, Trine Or Sextile Is Signature For “Right” Or Easy Relationship With Material World</p> <p>Jupiter Conjunct The Moon Amplifies The Lineage. For Example, If Jupiter Is Conjunct An Aries Moon It Can Manifest As An Extreme Velocity Addict (Highly Impatient) Amplifying Precociousness And Focused Determination To Fight For A Noble Cause</p>	<p>Expansion Of: Consciousness Awareness Life Experiences Optimism, Faith</p> <p>Renewal Of Vision – What Was The Sense Of Aliveness Or Thrill Or Excitement Of The Previous Jupiter Cycle?</p> <p>Feeling Can Accomplish Anything Desired</p> <p>Riding The Waves Of Opportunity</p> <p>Letting Go Of Restrictions And Limitations That Do Not Serve</p> <p>Attending To What You Want To Energize And Expand</p> <p>Saturn Or Jupiter Returns Are Of Highest Importance</p> <p>Saturn Or Jupiter Conjunct Angles Next Highest Importance</p> <p>Saturn Or Jupiter Conjunct Angles Natal Personal Planets Are Also Important</p> <p>Saturn/Jupiter Together Is Great For In The World Accomplishment</p>	<p>Expands In All Directions Making Everything Bigger</p> <p>Renews Vision. Can Feel Like “Catching A Wave” Of Inspiration, Opportunity, Insight</p> <p>Expands Knowledge And Understanding And Your Connection To Your Inner Source Of Creativity</p> <p>Opportunity To Experience Higher Octave Of That Archetype</p> <p>Let Go Of What You Do Not Want To Expand In Your Life And Attend To What You Do</p> <p>4 Stages Of Birth Process. Neptune In The Womb – Nirvana Saturn Water Breaks, Can’t Get Back To Womb, But Where To Go? Pluto/Uranus Chaos, Out Of Control, Powerfully Forced Down Birth Canal Jupiter Birthed. I Am Here All Is Possible</p> <p>To Venus – Expands What We Wish To Be Valued For, Switching On Archetype Of Feminine – If Pluto In Dynamic Aspect Natally Can Expand The Underworld Experience</p> <p>Mars – For Woman Expands Inner And Outer Connection To The Beloved. Enjoyable Time For Embracing Creativity That Emanates From The Inner Outer Beloved</p>

Bullet Points For The Nodes created by Cayelin K Castell And Lauren Jubelirer © 2016 www.shamanicastrology.com

The Nodes Middle World	Planets With Nodes	Nodal Gifts	Nodal Transits
<p>Middle World Process</p> <p>The Nodes Are Our Time Track</p> <p>North Node – Destination Point Or Future Oriented Direction Linked With Life Purpose</p> <p>South Node Origination Point Or Releasing Limiting Patterns Of The Past And Using Wisdom Gained To Move Toward Future</p> <p>Metonic Moon Return When The Moon Returns Near Same Sign And Degree Around The Solar Return (Or Birthday) And The Original Signature Of Sun And Moon Is Recreated.</p> <p>The Metonic Moon Return Frames The Nodal Cycle Marking The End Of The Nodal Return And The Beginning Of The Nodal Reversal</p> <p>Metonic Moon Returns Are Powerful Ceremonial Timings To Further Energize Your Desire In The World Of Form</p>	<p>Planets Conjunct The South Node Represents The Medicine You Bring With You to This Life And Yet Must Surrender In A Way So It Can Evolve And Support The Evolution Of Your Soul Purpose in This Life.</p> <p>Planets Conjunct The North Node Represent What Else You Are Learning To Incorporate And Help Evolve In The Current Life</p>	<p>Intent Is To Experience Deepest Essence Of Nodal Initiatory Process For Realigning With The Original Intent Or Original Life Blueprint And The Fulfillment Of Your Divine Purpose</p> <p>The North Node Opens New Doors To Knowing And Expressing Your Soul’s Purpose But Is Usually Not A Dramatic Event Unless Other Initiations Are Present</p> <p>Revitalizes Vision Of Future Direction And What The Next 19 Years Are About</p> <p>Being In The Womb Of Possibilities. Time To Throw Everything Into The Air</p> <p>Releasing Past Patterns That Prevent Movement Toward Destiny</p> <p>Magical Window When The Timing Is “Right” To Live Your Destiny. Trust Intuition And Take Risks.</p> <p>Conscious Participation With A Nodal Cycle When In Alignment With Your Soul’s Intent “Magic Happens”</p> <p>This Is Time To Give Yourself Freedom To Explore Your True Heart’s Desires And See What Gets Supported</p> <p>A Middle World Time Where People, Places, And Events Move You Toward Your Destiny If Not Encumbered By Pluto, Neptune Or Uranus - Or A Stuck Saturn Process.</p> <p>Knock At The Door, It Opens, And You Are Greeted With “We Have Been Waiting For You”. First Must Knock</p>	<p>Nodal Cycles Occur Every 19 Years Returning Exactly Every 18.6 Years</p> <p>Nodal Returns (When The Transiting North Node Returns To The Natal North Node) Occur At Age 18-19, 37.3-38, 55.8-57, 74-76 Aligning With Original Intent</p> <p>Cycle Begins With Node Returning And Ends On The Birthday With Moon And Sun Returning Together (Metonic Moon Return) This Cycle Gets Longer As You Get Older</p> <p>Nodal Reversal (When The Transiting South Node Conjuncts The Natal North Node) Occur At Age 9, 27, 46, 65, 84 Repolarization</p> <p>Cycle Begins With The Metonic Moon Return On The Birthday And Ends When The Transiting Node Conjuncts The Opposite Node A Few Months Later. This Cycle Gets Shorter As You Get Older</p> <p>Nodal Return (Like Jupiter) Is Activating A Higher Octave Of One’s Life Purpose Described By The 3rd Movement Of The Symphony Or The Progressive Part Of The Script On Natal Chart. It Is Like A Pregnant Void</p> <p>If You Have A Dream Or Desire And Its True For Your Soul Purpose You Will Get Feedback That Supports Forward Movement And You Can Trust This Is Coming From Your Executive Council</p> <p>Nodal Reversal (Like Saturn) Is A Realignment With Original Intent Often Requiring A Change To One Or More Basic Patterns To Support <i>An In The World Manifestation</i> Of The Soul’s Purpose. Must Let Go Of Attachment To Lineage – Sacrifice (Let Go) Something</p> <p>Transits Of The Nodes To Angles Or Planets Produce Events Or Messages Coming From Your Executive Council. Cycle Begins Three Months Before and Goes Until Three Months After The Exact Contact</p> <p>South Node To Venus – Person From Past Shows Up For A Completion</p> <p>SN To Moon – Can Get Lost In Past/Nostalgia Best Strategy Is To Release Attachment. Rather Harvest Something From The Past That Helps Move You Toward Destiny</p> <p>SN To Sun, Mars, Mercury Or Angles – Retrieving Past Knowledge Or Skill To Move Toward Future...Connecting Past And Future In The Now</p>

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About Neptune – Celestial World	Neptune Complexes Add Pisces	Neptune Gifts/Counseling	Neptune Transits
<p>Neptune Is A Version Of Spaciousness That Connects With Consciousness And The Realm Of Infinite Possibilities.</p> <p>True Wisdom Of Neptune Is Knowing That You Don't Know</p> <p>Ceremonial Ecstatic States And Rites Of Passage</p> <p>Connects Us To Visions And Dreams Coming From The Celestial Realm</p> <p>Operates Beyond The Realm Of Logic, Reason And Rationality</p> <p>Feeling Sense That Love Is Real – Love Is The Fuel Or Nectar Of The Universe</p> <p>Timeline: Square 40 – 42 Opposition 81 - 83</p> <p>To Angles – Awakens Life Purpose Through NOT Knowing Or Being In The Unknown.</p> <p>Asc – Leading Edge Is Relationship To Self</p> <p>To MC – Inject Compassion Into Work - Knowing You Are Loved W/Out Reference To Achievements</p> <p>To IC – New Experiences With Internal And External Ground</p> <p>To Mercury In Air – Mind Becomes More Emotional And Compassionate. Memory Loss Possible, More Intuitive, Psychic</p> <p>To Mars In Aries – Developing A Deeper Heart Space, Intimacy, And Timing For Knowing Self Through Being Rather Than Doing</p>	<p>Identity Crisis – Who Am I? What Is My Purpose? Where Am I Going? How Do I Get There?</p> <p>Antidote For Clarity</p> <p>Initially Can Be At The Effect Of The Illusions Of The Middle World. Objective Reality Can Be Blurred And Confusing</p> <p>May Mistake Who You Are Based On What The Culture, Family, And Significant Others Say You Should Be</p> <p>Life Unfolds Step By Step. Each Step Leads To The Next But Can't Necessarily See The Next Step Until It Is Time To Take It</p> <p>Intuitive/Empathic Connection To Mystical, Transpersonal Love</p> <p>Tends To Be A Late Developer</p> <p>To Moon Erases Lineage And Gives The Person A Chance To Check Out Other Aspects Of Self.</p> <p>Shadow Of Neptune: Addictions Delusions, Unrealistic, Escapist, Ungrounded, Hypersensitive (Allergies Etc), Blurred Boundaries</p>	<p>A Time When You Realize What You Believed Was Real – Isn't.</p> <p>Dissolution Of The Illusions Of The Middle World.</p> <p>Realizing That Mystical Reality Is Real – Feeling Of Being Held In The Heart Of Great Mystery</p> <p>Wisdom Found In NOT Knowing – Releasing The Need To Know From An Objective Reality Perspective</p> <p>Learning Greater Trust In Inner Guidance Even Though You Can't See Where You Are Going Or What The Purpose Is</p> <p>Mysteries Of The Unknown And Navigating The Unknown By Developing Trust In Your Inner Guidance.</p> <p>Connected To Dreamtime – Vivid Dreams. Accessing The Field Of All Possibilities.</p> <p>Experiences Of Grace And Ecstatic States</p> <p>Neptune Cycles Are Most Difficult For Those Who Are Middle World Achievement Driven. Giving Self Permission To NOT Know Is Best Strategy.</p> <p>Neptune Antidote To Saturn Drive For Perfection Or Getting It "Right."</p> <p>May Need Therapy To Get Grounded</p>	<p>Cycles Last About A Year And Two Thirds</p> <p>Letting Go Of Middle World Over-Identification So We Can Connect With Heart Of Great Mystery. You Are Not In Ordinary Reality. Can Feel Outside Of Time.</p> <p>Antidote To Addiction To Middle World Version Of Clarity... This Is When You Get Permission To NOT Know Who You Are, Where You Are Going, What Is Your Next Step</p> <p>Be Empty And Open To Inspiration, Intuition And Inner Guidance. Embrace Heart Connection With Everything</p> <p>Give Yourself Permission To Enjoy The Transcendent, Mystical Space Of Neptune. This Is Time For A Walk-About, A Vision Quest, Dream Workshop, Meditation Retreat, Being Open To New Visions And Possibilities, Being Open To The Heart Of The Universe</p> <p>Resistance Is Futile – Surrender Is Key. Time To Tune Into Universal Essence</p> <p>Addictions Can Get Worse</p> <p>Failure To Embrace This Initiation Forces The Universe To Make The First Move</p> <p>This Is Not A Time For Focusing On Middle World Accomplishments...You Are Not Being Tested On How Much You Produce. Listen To What You Know</p> <p>This Is Not About Trying To Figure It Out. Let It Go And Trust What Is Unfolding</p> <p>Wait To Act On New Inspiration In Early Stage Of Cycle As It Is Still In Process And May Expand Even More. Best To Wait Toward End Of Cycle To Take Action As New Vision Often Comes In Bits And Pieces</p> <p>During Transit May Develop Food Sensitivities, Candida, Etc...Especially If In Resistance To The Process Of NOT Knowing</p>

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About Uranus Celestial World	Uranus Complexes Add Aquarius	Uranus Gifts/Counseling	Uranus Transits
<p>Revolutionary Unique/Cutting Edge Big Picture High Witness Avant-Garde, Eccentric Original Thoughts Change Agent Innovative/Experimental Egalitarianism Spacious Detachment Cosmic Overview</p> <p>Uranus Works Through Radical Revolutionary Change</p> <p>Sudden Unexpected Events That Shift Our Assemblage Point Re- Forming The Basis Of Current Reality</p> <p>Associated With Electrical Systems Of Body, Acupuncture, Energy Work, Sound Healing</p> <p>Timeline: Square 20-21 Opposition 40-42 Square 61-62 Return 82 - 84</p> <p>Uranus To Cancer Asc Or Venus, Mars Etc. Prevents A Person From Doing Cancer In What Looks Like A Traditional Marriage And Family.</p>	<p>Constantly Changing And Experimenting</p> <p>Innovate, Cutting Edge, Sees Big Picture</p> <p>Radical And Unique Does Things In Unusual Ways. Non-Traditional Approach To Life</p> <p>Loves Change Or Is Constantly At The Effect Of The Winds Of Change</p> <p>Shadow: Can Have Challenges Feeling Grounded And Stable. Or Can Feel Trapped By Traditional Structures Of Family, Community, Job...</p> <p>So Different Than Others They Can Feel Like An Outsider, An ET, Not From This World, And Can't Relate To Being Human</p> <p>Rebellious Erratic/Unpredictable In Unhealthy Ways</p> <p>Lacking Personal Compassion</p> <p>Thrives On Being Different, Unusual, Ahead Of Their Time</p> <p>Restless And Always Looking For Or Creating The Next Change</p>	<p>Freedom From The Known.</p> <p>Living From Egalitarian Ideals That Create Evolutionary Change And Greater Freedom To Live True Essence And Purpose</p> <p>Change Is Good Though May Need To Learn How To Balance Changes, Ideals And Innovative Ways With Practical Reality</p> <p>Easiest When We Let Go Of Attachments To Outcomes And Old Ways Of Thinking And Doing</p> <p>Acceptance Of What IS</p> <p>Surrender And Roll With What Is Unfolding</p> <p>Approach Life With An Open Hand, Don't Try To Hang Onto Anything, Even What We Think Is Changing</p> <p>Trust The Process Of Change And Know It Is Taking You Where Your Soul Wants To Go</p> <p>Can't Know What Will Happen Before It Happens</p> <p>Accepting Your Unique Expression And Finding Others Like Yourself</p> <p>Keep Bags Packed As You May Travel Unexpectedly</p> <p>Good Time To Do Energy Work</p>	<p>Uranus Cycles Last About A Year up to a Year and 10 months</p> <p>Introduces Changes That Are Sudden, Unexpected, Disruptive And Unpredictable, Designed To Produce Evolutionary Change Aligned With Our Soul's Purpose</p> <p>Intended To Provide Access To Other Worlds For A New Broader, Bigger, Vaster, Core Assemblage Point</p> <p>Produces Events Of Extreme Novelty To Help Release Places Where You Are Stuck Shifting Where Ever You Have Been In A Holding Pattern</p> <p>Experiences Of "Break Down" To "Break Through" To Higher Love And Higher Ideals - Surrender Eases And Assists The Process</p> <p>Avoid Making Life Changing Decisions (Like Getting Married Or Divorced) If Possible Until The Cycle Is Over As You Are Not In Ordinary Reality</p> <p>Make Space To Be "Struck By Lightning" In A Good Way Such As Sudden Experiences Of Enlightenment. Similar To Tower Card</p> <p>Chaos And Overwhelm Help Shift The Assemblage Point</p> <p>Changes The Game In Ways That Are Liberating. Can Be Felt As Wonderful Or Difficult Depending On What Is Needed To Produce The Change</p> <p>Some People Love Uranus Cycles And The Unpredictable Changes Others Find It Is An Inconvenient Detour From "Their" Plans</p> <p>Uranus/Neptune Do Not Operate In Cause And Effect Reality. They Are Operating In The Boundless Celestial Realm So What Happens Is Not Logical Or Rational From Middle World Perspective</p> <p>These Are The Cycles Where One Can Experience Grace In Unexpected Ways. Grace Is Not Earned. Grace Happens Unexpectedly And Is Bestowed From The Celestial Realm</p> <p>The Entrance Or Doorway Into The Miraculous Universe</p>

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About Chiron - Underworld	Chiron Complexes (Where Wounds Are Located)	Chiron Gifts/Counseling	Chiron Transits
<p>Was Discovered Just Beyond Saturn In 1977 Around The Time Alternative Health Care Was Becoming More Mainstream</p> <p>Located Between Saturn (Middle World Of Form) And Uranus (Celestial World Of Formless Form) Beyond Boundaries Of This Reality</p> <p>Planets Beyond Saturn Are Antidote To Saturn</p> <p>A Shaman Centaur, Master Healer, Half Human, Half God/Immortal. Chiron Temples Found All Over Turkey, Greece And Other Ancient Lands</p> <p>A Wounded Healer Who Taught Holistic Healing By Distilling An Elixir From The Wounds. Or When The Wounds Become Our Medicine</p>	<p>Provides Clues About Where The Sacred Wound Or Fracture Points Are And Where We Are Required To Do Personal Healing Work</p> <p>Process Is About Owning Your Wounds, Digesting And Integrating Them Into Our Humanness On All Levels – Physical, Mental, Emotional, And Spiritual</p> <p>When We Heal Our Wounds We Earn The Credentials To Help Others.</p> <p>Shadow: Denial Of Our Wounds</p> <p>Addiction To Doing And Doing It Perfectly.</p> <p>Addiction To The Woundedness And Never Really Healing But Using Our Wounds As An Excuse To Manipulate And Control Others</p>	<p>Healing Addiction To Perfection And Therefore An Antidote To Saturn. It Is Not About Being Perfect But How To Live Fully Incorporating The Gift Of Our Wounds</p> <p>Assimilating And Accepting Our Story Having Compassion For Our Wounds And Embracing The Gifts They Have For Us.</p> <p>Take Time Out From Ordinary Life To Digest And Integrate Your Story, Your Wound, Your Fracture Point For Purpose Of Healing And Moving Beyond The Effect Of The Wound</p> <p>If You Don't Take Time To Heal And Nurture Yourself You May Be Forced To Do So Through Health Challenges.</p> <p>Healer Heal Thyself. Healing Your Own Sacred Wound First</p>	<p>Transits Last About 1 Year up to 1 year and 10 months</p> <p>Timeline: Chiron Returns Age 50</p> <p>Intent Is To Heal Our Wounds To So We Are No Longer At The Effect Of Them But Rather They Become The Medicine We Carry</p> <p>Taking Time To Heal Or Will Be Forced To Take Time To Heal</p> <p>Are You Choosing To Engage A Deep Soul Healing Process And Live More Fully Or Are You Choosing To Hang Onto Your Wounds?</p> <p>At 50 It Is Time To Dismantle The Hard-Drive Letting Go Of What You Know – Be Willing To Know What You Don't Know</p> <p>Compassion For Your Wound Is Key To Truly Healing It</p>

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About Pluto - Underworld	Pluto Complexes Add Scorpio		
<p>Discovered In 1930 – Named After Disney Character</p> <p>Natural Law – Earthquakes, Cycles Of Death And Rebirth, Not Personal</p> <p>Intent Is To Empower – First Must Encounter Where We Have Been Disempowered</p> <p>Encountering Chaos And Events Beyond Your Control - Irrational</p>	<p>Encountering Whatever It Takes To Surrender And Feel Including 'Negative' Feelings</p> <p>Has No Relationship To Punishment Or Reward. You Can't Get Out Of Pluto By Being "Good"</p> <p>The Underworld Is A Repository For Life Force, Eros, Passion, Shakti</p> <p>Regenerative/Transformative</p>	<p>Continual Theme Through Life Is Death And Rebirth - Regularly Dying To Or Going Beyond Who You Know Yourself To Be</p> <p>Experience Transformation Through Events Beyond Your Control That Require Surrender On A Regular Basis As This Is A Shamanic Path</p> <p>Integrating Shadow As A Necessity To Experience Wholeness</p>	<p>Antidote To Pride (Hubris) At The Effect Of Overwhelming Experiences That Are Humbling</p> <p>Empowerment Is The Result Of Any Successful Pluto Teaching – To Be Comfortable Owning Your Power As A Catalyst/Shadow Magnet</p> <p>Operates Through Intensity, Depth And Passion – Full Range Of Feelings</p>

Pluto Transits		Counseling
<p>Cycles Last About A Year And 10 months Long Enough To Get You Are Really In It</p> <p>Intent Is Shamanic Initiation To Produce Empowerment Through Dying To Or Clearing All That Stands In The Way Of Living Your Soul's Purpose</p> <p>Caterpillar Becoming Butterfly – Part Of Life Process, Completely Natural</p> <p>Pluto Bumper Stickers: <i>Shit Happens Or Give Chaos A Chance</i></p> <p>First Part Of A Pluto Cycle Is About The <i>Acute Perception Of What Is Missing</i> And Feeling Powerless To Change It (Caterpillar In Cocoon)</p> <p>Can't Prepare Beforehand And Can't Avoid It No Matter How "Good" You Are.</p> <p>It Is Simply Time For The Caterpillar To Become A Butterfly. Caterpillar Dissolves In The Cocoon.</p> <p>Events Are So Intense You Can't Detach From Feelings - Previous Methods No Longer Work Such As Exercise, Meditation, Humor, Working, Etc. <i>Pluto Will Not Be Ignored</i></p> <p>Pluto Initiations Are Not Logical Or Rational They Function Outside Of Ordinary Reality.</p> <p>Pluto Produces Events Beyond Your Control Forcing Surrender To Whatever No Longer Serves Your Soul's Purpose Even If Was A Sweet Experience For You.</p> <p>Shamanic Death And Rebirth Not Literal Death</p>	<p>There Are No Techniques To Teach Surrender One Must Simply Go Through The Process</p> <p>In Underworld Initiations the 3 Main Strategies For Handling Challenges Do NOT Work.</p> <ol style="list-style-type: none"> 1. People Of Action Cannot Use Their Strength, Muscles, Or Will To Change What Is Happening 2. Thinking Types Who Perceive Challenges As A Puzzle To Figure Out And Solve Can't Figure It Out Or Solve It 3. All Varieties Of Denial No Longer Work. Such As, There Are No Problems, I Didn't Care About It Anyway, Or The Workaholic Who Doesn't Notice There Is A Problem <p>Second Part Of A Pluto Cycle Feeling What You Feel, Embracing Your Fears, Allowing The Underworld To Inform You About How To BE With It.</p> <p>It Is A Standstill Time – The Caterpillar Can Not Get Out Of The Cocoon No Matter Much It Would Like To Leave. While In The Cocoon The Caterpillar Dissolves And Transforms Into The Butterfly</p> <p>Last Part Of Pluto Cycle After You Have Embraced Your Feelings, Faced Your Fears, And Surrendered To The Process – The High Witness Can Return To Help You Integrate The Experience.</p> <p>This Is When The Butterfly Is Ready To Emerge From The Cocoon. The Butterfly Must Have The Will And Strength To Pull Its Body Out Of The Cocoon - This Pumps Up Its Wings So It Can Fly.</p> <p>The End Of A Pluto Cycle Is A Feeling Of Renewal, Empowerment, Strength! The Butterfly Is Ecstatically Living And Expressing The Full Power Of Its New Life.</p> <p>Learning Passion Includes Agony And Ecstasy And You Can't Shut Off The Energy With The Mind</p>	<ol style="list-style-type: none"> 1. Let Client Know The Body Is Safe As This Is A Death And Rebirth Within Same Physical Body 2. A Natural Process Of Surrender - Don't Know How To Do It Until In It. Similar To Giving Birth To A Child. 3. Invite Your Fears To Tea: Call Them Out, Face Them Embrace Them, Engage Them 4. Fear Of Dying - That Life Has No Meaning, That You Have Nothing To Live For And You Wish You Could Die. This Is A Normal Part Of The Process <p><i>I Feel So Suicidal, I Even Hate My Rock And Roll</i> John Lennon</p> <ol style="list-style-type: none"> 5. Denial, Repression, And Trying To Control The Outcome Will Only Strengthen The Underworld Experience – Failure To Feel Your Feelings Magnifies Intensity To Catalyze The Intended Changes And Empowerment 6. Acknowledging And Embracing Fear Is The Guiding Light In This Process <p><i>When I Face My Deepest Fears – It Takes Me To Where My Courage Lives.</i> AE</p> <ol style="list-style-type: none"> 7. Remind Client Pluto Has A Beginning – Middle – And End. Depression, Grief, Anxiety, Lack Of Energy, Etc. Are Common Feelings During The Cycle. The Cycle Does End And They Won't Feel This Way Forever! When It Is Over They Will Feel More Alive Than Ever 8. This Is The Dark Night Of The Soul Relative To The Mystery School Of Pluto – Shamanically Activating The Archetype. What Feels Obliterated During The Cycle Returns (If A Part Of Your True Essence) Like A Phoenix Rising From The Ashes, Stronger, More Alive And More Aligned With Life Purpose 9. Helps To Do Ceremony (Spirits Like It) And It Lets Universe Know You Know What Is Going On Ceremonial Dates Are Ideal Near The Exact Passes <p><i>Goal Of The Journey Is NOT Perfection - Its Wholeness. And Wholeness Occurs Through Integration Of The Shadow.</i> ~Jung</p> <p>One Result Is Learning It Is About The ENERGY – It Is Beyond The Mind Judging 'Good Or Bad'. Whatever The Feeling It Is An Experience Of The Intensity Of The Energy</p>

